**Arq Springtime Symposium**

**March 31, 2017**

**Amsterdam, Netherlands**

**Global Mental Health in under-resourced countries and in the western world**

This Global Mental Health symposium is a joint effort by Equator Foundation, War Trauma Foundation and Centrum ’45, partners in Arq Psychotrauma Expert Group, and is marked by the departure of Pim Scholte, founder of Equator Foundation, and the 20th anniversary of War Trauma Foundation.

Trauma-related and other mental health and psychosocial problems are highly prevalent in war-affected populations. The ongoing large influx of refugees into European countries poses a problem not familiar for the western world, namely a relative lack of available professionals to provide the care needed. One solution seems to be the application of working methods used in Global Mental Health care provision, particularly in low-income and under-resourced countries. In this symposium we will discuss **principles and innovative approaches in Global Mental Health**, and the applicability of these in Europe and the Netherlands in particular.

**Target group**The symposium is meant for mental health care providers and policy makers, academics, and humanitarian workers affiliated with (I)NGOs.

The morning session will be plenary, with keynote addresses by three international experts highlighting current visions and practices in Global Mental Health. The afternoon session will host an international track geared towards humanitarian work in a global context, and a track geared towards psychological and psychosocial support for refugees in the Netherlands.

**Practical information**

Date:                    March 31,  2017

Time:                    09.30 – 17.30 hrs

Location:             Academic Medical Center, Meibergdreef 9, 1105 AZ Amsterdam-Zuidoost,

Collegezaal  5

Route description:  <https://www.amc.nl/web/Het-AMC/Adres-en-route/Adres-en-Route.htm>

Entrance fee:        EUR 175

(Special price  for humanitarian workers affiliated with (I)NGOs: EUR 75)

Information:        [info@academy.arq.org](mailto:info@academy.arq.org) or call  Arq Academy at +31 20 660 1970.

Registration through the register button on this website [www.academy.arq.org/congressen](http://www.academy.arq.org/congressen)

Please note: the information for the online registration is in Dutch.

To register non-Dutch speakers, please send an email to [info@academy.arq.org](mailto:info@academy.arq.org) or call Arq Academy at +31 20 660 1970.

**Arq’s Springtime Symposium, March 31, 2017. Amsterdam, Netherlands.**

**Global Mental Health in under-resourced countries and in the western world**

**Program**

Symposium Chair: Claudi Bockting

**09.30 - 10.00 Welcome, coffee**

**10.00 - 10.15 Claudi Bockting & Pim Scholte**

***Introduction***

**10.15 - 10.50 Peter Ventevogel**

***Mental health and refugees: transferring knowledge from low and middle income***

***countries***

**10.50 - 11.25 Florence Baingana**

***Community-based programming***

**11.25 - 11.45 Coffee break**

**11.45 - 12.30 Vikram Patel**

***Psychological treatments for the world: lessons from the global south***

**12.30 - 13.30 Lunch break**

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**Workshop Track 1**  (International track, English language)

***Global Mental Health - MHPSS application in low resource humanitarian settings***

Moderator: Leontien Ruttenberg, MD MBA, Director at War Trauma Foundation

**13.30 - 14.10 *Low-intensity interventions for common mental disorders after adversities in a global context***

**Marit Sijbrandij**

**14.10 - 14.50 *Multi Family Approach (West Bank project)***

**Trudy Mooren**

**14.50 - 15.10 Break**

**15.10 - 15.50 *mhGAP***

**Samrad Ghane**

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**Workshop Track 2** (Dutch track, Dutch language)

***Psychosociale zorg voor vluchtelingen in Nederland***

Moderator:  Rembrant Aarts, MD, psychiater bij Equator Foundation

**13.30 - 14.10 *Mind-Spring***

**Paul Sterk   
14.10 - 14.50** ***7ROSES***

**Joriene van der Kolk & Jetske van Heemstra**

**14.50 - 15.10 Pauze**

**15.10 - 15.50** ***Meergezinsgroepen***

**Monique Haveman**

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**15.50 - 16.20** **Concluding remarks by Claudi Bockting,** symposium chair

**16.20 - 16.30** **Final words by Jan Wilke Reerds**, Arq Chairman of the Board

**16.30 – 17.30** **Drinks**

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